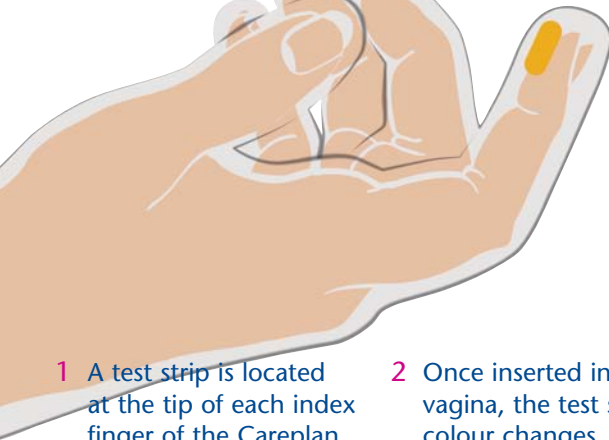


How does it work?

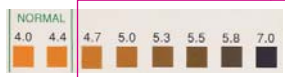
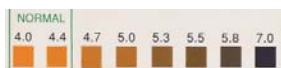


The Careplan VpH Test Glove is an easy, painless way to measure vaginal pH. A test-strip which measures pH is located at the tip of the index finger.

Your body has its own natural defences against infection, and acidity levels indicate how well your vaginal tract will deal with dysbalances or bacterial infections: a weak natural defence is reflected in an increased pH value. The Careplan VpH Test Glove can measure this. Early detection means that in most cases appropriate therapy can be initiated and, reduce your baby's risks from prematurity.



- 1 A test strip is located at the tip of each index finger of the Careplan VpH Test Glove.
- 2 Once inserted in the vagina, the test strip colour changes immediately, depending on vaginal pH values.
- 3 Colours are compared to a colour chart to indicate pH levels. **The darker the colour, the higher the pH level.**
- 4 A pH level **over 4.4** is a useful indication for appropriate therapy.



For more information please contact your physician, gynaecologist, family planning clinic or your pharmacy.

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Helping lower the occurrence of
premature birth



Careplan 
VpH Test Glove



Careplan VpH Test Glove - for the self-measurement of vaginal pH

Pregnancy care with the Careplan VpH Test Glove

The Careplan VpH Test Glove is a simple method of self-examination for the measurement of your natural defences against vaginal infection. This will help prevent pre-term delivery. The Careplan VpH Test Gloves are easy to use, and the results reliable.

What is a pre-term delivery?

A normal pregnancy lasts 40 weeks. Any delivery before 37 weeks is "pre-term" and thus considered premature. Around one in ten of all deliveries are premature. Children born prematurely, and especially very low birth weight babies, have a higher risk of health and developmental problems.

What are the risks for pre-term delivery?

Today most pregnancies are healthy, but there are several risks for preterm birth e.g. multiple pregnancy, but many of these are difficult to influence. Among the scientifically proven causes for pre-term birth, which can be avoided are vaginal infections. Around one in five women has a vaginal infection during pregnancy, and in these women the risk of pre-term delivery is much greater.

How can the Careplan VpH Test Glove help?

If you are pregnant the Careplan VpH Test Glove lets you measure the level of natural acidity within the vagina. A high pH level will indicate reduced acidity and a low resistance to infection. This will alert your doctor to take action with appropriate therapy – and thereby lower the risk of prematurity.

Will the Careplan VpH Test Glove be suitable for me?

Women who would most likely benefit are those who have had previous vaginal infections, a previous late miscarriage, are expecting twins or more, or who have had a pre-term low birth weight baby before.

How often should I use the Careplan VpH Test Glove?

If your pregnancy is without complications, the Careplan VpH Test Glove is recommended for use twice a week.

Is the Careplan VpH Test Glove difficult to use?

No. Instructions are quite clear, and it's just a question of putting on the glove, placing your index finger inside your vagina, and comparing the test strip colour change to a colour chart. Your doctor can tell you more about the Careplan VpH Test Glove and about vaginal infections.